

What is claimed is:

1. An improved antisense oligonucleotide, the improvement comprising the presence of one or more POPS block.
5
2. The improved antisense oligonucleotide according to claim 1, wherein the oligonucleotide is a hybrid oligonucleotide.
3. The improved antisense oligonucleotide according to claim 1, wherein the
10 oligonucleotide is an inverted hybrid oligonucleotide.

Add a

100 90 80 70 60 50 40 30 20 10